

**PATIENT HEALTH HISTORY**

NAME \_\_\_\_\_ GENDER \_\_\_\_\_ DOB \_\_\_\_\_

ALLERGIES \_\_\_\_\_

List ALL MEDICATIONS you take, including over-the-counter (OTC) medications and vitamins. Include specific doses and when you take them.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PERSONAL MEDICAL HISTORY:** (Please circle all that apply)

- |                     |                     |                             |                      |
|---------------------|---------------------|-----------------------------|----------------------|
| ADHD                | COPD/EMPHYSEMA      | HIGH CHOLESTEROL            | RHEUMATOID ARTHRITIS |
| ALCOHOLISM          | DEMENTIA            | HIV                         | SEIZURE DISORDER     |
| ALLERGIES, SEASONAL | DEPRESSION          | HEPATITIS                   | SLEEP APNEA          |
| ANEMIA              | DIABETES 1 OR 2     | IBS                         | STROKE               |
| ANXIETY             | DIVERTICULITIS      | LUPUS                       | THYROID DISORDER     |
| ARRHYTHMIA          | DVT                 | LIVER DISEASE               | ULCERATIVE COLITIS   |
| ARTHRITIS           | GERD (ACID REFLUX)  | MACULAR DEGENERATION        |                      |
| ASTHMA              | FLAUCOMA            | NEUROPATHY                  |                      |
| BIPLOAR             | HEART DISEASE       | OSTEOPENIA/OSTEOPOROSIS     |                      |
| BLADDER PROBLEMS    | HEART ATTACK        | PARKINSON'S DISEASE         |                      |
| BLEEDING PROBLEMS   | HIATAL HERNIA       | PERIPHERAL VASCULAR DISEASE |                      |
| CANCER: _____       | HIGH BLOOD PRESSURE | PEPTIC ULCER                |                      |
| HEADACHES           | KIDNEY STONES       | PSORIASIS                   |                      |
| CROHN'S DISEASE     | KIDNEY DISEASE      | PULMONARY EMBOLISM          |                      |

LMP: _____
Colonoscopy _____
Mammo _____
Bone Density _____
Pap _____

**SURGICAL HISTORY:** Please list all prior surgeries and approximate dates performed.

\_\_\_\_\_  
\_\_\_\_\_

**SOCIAL HISTORY:**

SMOKING/TOBACCO USE: ( ) CURRENT ( ) PAST ( ) NEVER TYPE \_\_\_\_\_ AMOUNT/DAY \_\_\_\_\_ #OF YEARS \_\_\_\_\_

ALCOHOL: ( ) CURRENT ( ) PAST ( ) NEVER DRINKS/WEEK: \_\_\_\_\_

ARE THERE ANY PERSONAL PROBLEMS OR CONCERNS AT HOME, WORK, OR SCHOOL YOU WOULD LIKE TO DISCUSS? \_\_\_\_\_

**FAMILY HISTORY:**

**FATHER:**

**LIVING: AGE** \_\_\_\_\_ **DECEASED: AGE** \_\_\_\_\_

ALCOHOLSIM	BIPOLAR DISORDER	DEPRESSION	HIGH CHOLESTEROL	STROKE
ANEMIA	CANCER _____	DIABETES 1 OR2	HIGH BLOOD PRESSURE	ASTHMA
OSTEOPOROSIS	THYROID DISORDER	COPD/EMPHYSEMA	KIDNEY DISEASE	DVT
ARTHRITIS	DEMENTIA	HEART DISEASE	MIGRAINES	

**MOTHER:**

**LIVING:AGE** \_\_\_\_\_ **DECEASED:AGE** \_\_\_\_\_

ALCOHOLSIM	BIPOLAR DISORDER	DEPRESSION	HIGH CHOLESTEROL	STROKE
ANEMIA	CANCER _____	DIABETES 1 OR2	HIGH BLOOD PRESSURE	ASTHMA
OSTEOPOROSIS	THYROID DISORDER	COPD/EMPHYSEMA	KIDNEY DISEASE	DVT
ARTHRITIS	DEMENTIA	HEART DISEASE	MIGRAINES	

**SIBLINGS:**

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**LIST OTHER MEDICAL PROVIDERS YOU SEE ON A REGULAR BASIS (CARDIOLOGIST, KIDNEY DOCTOR, DENTIST)**

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**PATIENT SIGNATURE:** \_\_\_\_\_

**DATE:** \_\_\_\_\_